



DEAR TEACHER,

Thank you for enquiring about our upcoming courses! We do hope you will join us in magical Bali. I've been running retreats in Bali for 16 years now, and I still love the place. I am happy to provide you with guidance about tours, places to eat and virtually anything else you want to know or do. This could include snorkeling, walking up the volcano to watch the sunrise, Yoga and meditation, bike tours, cooking schools, rafting, organic restaurants, spending a day and night at the elephant rescue hotel, walks in the rice paddies, live music, cultural dance performances, you name it!

Our studio is located inside the honeymoon guesthouse. It's a beautiful place, run by an Australian Chef and writer.

Here is a link with general information about Casa Luna: <https://casalunabali.com/>



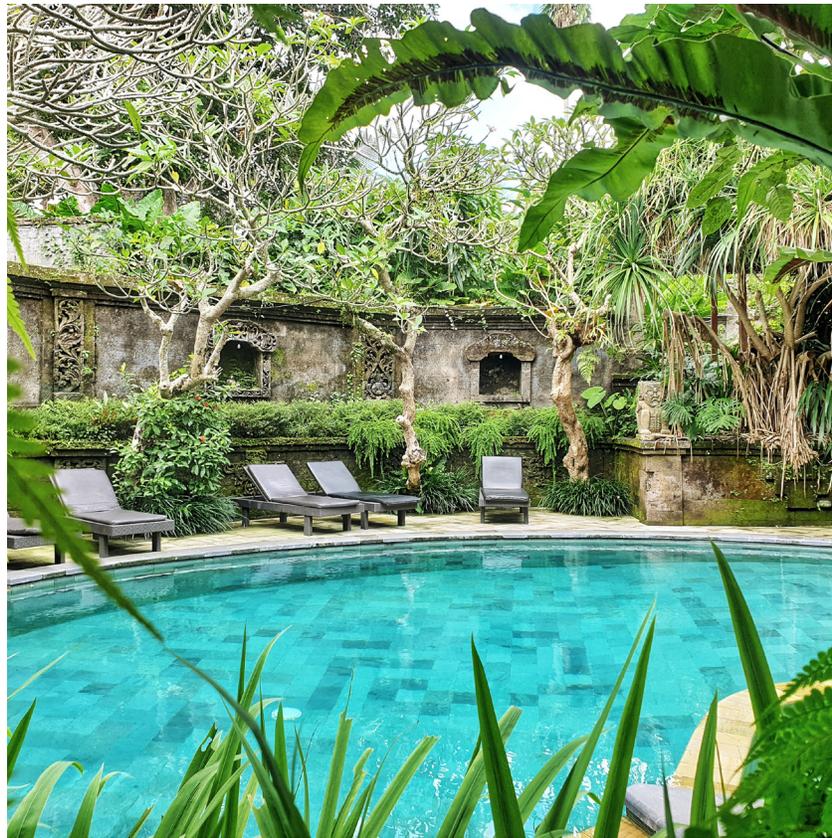
Here is another link to the accommodation section: <https://honeymoonguesthouse.com/> It is located about 3 mins from the center of Ubud, but remains a peaceful sanctuary. Ubud is about 75 minutes in a taxi from the airport. It is the cultural center of Bali, with incredible food, galleries, shopping, markets and music. Below is a photo of my room, and one of the two pools.



Casa Luna runs a gorgeous bakery, two incredible restaurants, and a cooking school right underneath our studio. We are really honored to be a part of the Casa Luna family and I am very confident you will love it.

Our program runs over three days, and I have also sent you a course guide separately. Each night there is an optional activity. This is usually dinner at a gorgeous restaurant (which costs about \$15 USD at most), a live show, a Tibetan bowl meditation at the Yoga barn, and a “food as medicine” dinner.

You can join in, or just chill out and do your own thing. Ubud is totally safe and you can walk everywhere. It is also very cheap to eat very, very well!





I'm sure you will have questions about travel, accommodation, tours etc. Please feel free to email me.

If you are looking to expand your career and your travel experiences, you will love this experience!

I look forward to meeting you, working with you, showing you around and having you as part of our community.

Kind regards
Anthony Lett & Kenyi Diaz